

# Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal 1 £2.05 or £2.40 Meal Deal 	Meatballs in a Spicy Tomato Sauce & Pasta	Macaroni Cheese with Sweetcorn, Choice of Toppers & Garlic Bread	Chicken Madras, Rice & Naan Bread	BBQ Chicken Brochette & Wedges	Battered Fish or Jumbo Sausage, Chips, Peas, Lemon & Tartare Sauce
Main Meal 2 £2.05 or £2.40 Meal Deal 	Spicy Moroccan No-Meatballs & Pasta		Vegetable Madras, Rice & Naan Bread	Sweet & Sour Noodles	Quorn Cumberland Sausages, Chips & Peas
Pasta £2.05 or £2.40 Meal Deal 	Pasta with a Variety of Sauces	Pasta with a Variety of Sauces	Pasta with a Variety of Sauces	Pasta with a Variety of Sauces	Pasta with a Variety of Sauces
Grab & Go 1 £2.05 or £2.40 Meal Deal 	BBQ Chicken "Posh" Burger & Coleslaw	Beef Chilli Rice Pot	Tandoori Chicken Rice Pot	Sweet & Sour Noodles	
Panini £2.05 or £2.40 Meal Deal 	Cheese & Tomato	Cheese & Tomato	Cheese & Tomato	Cheese & Tomato	Cheese & Tomato
	Cheese & Pepperoni	Cheese & Pepperoni	Cheese & Pepperoni	Cheese & Pepperoni	Cheese & Pepperoni
Grab & Go - Budget	Pizza	Sausage Roll	Pizza	Sausage Roll	Pizza
Dessert £1.05 or 35p with any of the starred meals above as part of the £2.40 Meal Deal	Vanilla Sponge & Custard	Flapjack	Apple Crumble & Custard	Chocolate Orange Sponge	Cornflake Cake

Every Day: Jacket Potatoes, Falafel, Hash Browns, Toast & Butter, Roll & Butter, Popcorn, Fresh Fruit, Fruit Pots, Shortbread or Flapjack.



Meal Deal! Buy any item from these rows, add on the dessert of the day, OR a cookie OR bottle of water for only £2.40!