

Appendix: Life Skills Scheme of Learning

Curriculum Map Life Skills 2025-2026

Year 11

1 Hour in Curriculum per fortnight

40 minutes in Tutor Time per fortnight

Living in the Wider World

Health & Wellbeing

Relationships & Sexual Health Education

Careers Education

Harmful Sexual Behaviours

Term	Curriculum Lesson	BV	Tutorial Session	BV
1 Adult Health & Looking After Yourself	- Organ and Blood Donation/Teenage Pregnancy Choices - Abortion Law, Morals and Ethics)/Parenthood for Teenagers - Testicular and Prostate Cancer Awareness/Breast Cancer, Cervical Cancer & Screening - Love & Abuse	Law Lib Law Res Law	Careers Education - Unifrog Revision & Study Skills - Ways to study - Short-term and Long-term memory - Preparing for external examinations	Lib
2 Sexual Health	- Peer-on-Peer Abuse/Fertility and What Impacts it. - Alcohol, Parties & Bad Choices/Importance of Sexual Health - Revisiting STIs/Revisiting Contraception - Respect, Love and Relationships	Res Law Lib Law Res Law	Pol-Ed - Relationships - What are sexual offences? - What is victim blaming? - What is the impact of porn on relationships? - What is my relationship with AI?	Law Law Res Law Lib
3 Staying Safe	- Virtual Reality and Live Streaming/Online Reputation and Digital Footprints - Group Chats & Anti-Bullying/Cosmetic & Aesthetic Procedures - New Psychoactive Substances/Substance Addiction	Law Law Lib Law	Pol-Ed – Understanding the Law - What is culpability and harm? - What does the law say about contraception? - What does the law say about pregnancy and STI's? - What does the law say about getting a job?	Law Res Law Law Law
4 Your Future & Beyond	- Screen Addiction and Studying/Post 16 Options - Exam Stress and Anxiety/Social Media Vs Real Life - CV Writing	Lib	Pol-Ed - Wellbeing - How can I cope with exams? - What does it mean to catastrophise? - How do I feel about leaving school? - What makes me employable?	Lib
5 Summer Exam Season	Revision & Final Exams No Tutor or Curriculum Sessions in Term 6			