

# Appendix: Life Skills Scheme of Learning

## Curriculum Map Life Skills 2025-2026

Year 9

2 hours in Curriculum per fortnight

40 minutes in Tutor Time per fortnight

Living in the Wider World

Health & Wellbeing

Relationships & Sexual Health Education

Careers Education

Harmful Sexual Behaviours

| Term                                             | Curriculum Lesson                                                                                                                                                                                                                                                                                                           | BV                                                    | Tutorial Session                                                                                                                                                                                                                                                            | BV                                       |
|--------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------|
| 1<br><b>Essential Life Skills</b>                | <ol style="list-style-type: none"> <li>1. Failure to Success</li> <li>2. Assertiveness</li> <li>3. First Aid</li> <li>4. Saving and Managing Your Money</li> <li>5. Labour Market Information</li> <li>6. Finance, Budgeting and Employment</li> <li>7. Social-Media &amp; Online Stress</li> </ol>                         | Lib<br><br><br><br><br><br><br>Law                    | <b>Careers Education - Unifrog</b> <ol style="list-style-type: none"> <li>1. What does success mean to me?</li> <li>2. Taking control of your career journey</li> <li>3. Challenges and rewards of work</li> <li>4. What comes after school? – Learning pathways</li> </ol> | Lib                                      |
| 2<br><b>Body Confidence</b>                      | <ol style="list-style-type: none"> <li>1. How Self-Esteem Changes</li> <li>2. Male reproductive organs</li> <li>3. Female reproductive organs</li> <li>4. Bullying in all its forms</li> <li>5. Dealing with Loss</li> <li>6. Media and Airbrushing</li> <li>7. Cancer Prevention/Risks &amp; Healthy Lifestyles</li> </ol> | Res                                                   | <b>Pol-Ed - Relationships</b> <ol style="list-style-type: none"> <li>1. What is consent in a relationship?</li> <li>2. What is sexism?</li> <li>3. What is child sexual exploitation?</li> <li>4. What's the issue with nudes?</li> </ol>                                   | Law<br><br><br><br>Res<br>Law<br><br>Law |
| 3<br><b>Sex, The Law &amp; Consent</b>           | <ol style="list-style-type: none"> <li>1. Sexual Consent and the Law</li> <li>2. FGM and the Law</li> <li>3. Relationships and Partners</li> <li>4. Domestic Abuse and Domestic Violence</li> <li>5. Why Have Sex? - Delaying Sexual Activity</li> <li>6. Sexual Harassment and Stalking</li> </ol>                         | Law<br><br>Law<br>Res<br>Law<br><br>Lib<br>Law<br>Law | <b>Pol-Ed – Understanding the Law</b> <ol style="list-style-type: none"> <li>1. What do we mean by intimidation?</li> <li>2. What is anti-social behaviour?</li> <li>3. What is the impact of mugging?</li> <li>4. What are county lines?</li> </ol>                        | Res<br>Law<br>Law<br><br>Law<br><br>Law  |
| 4<br><b>Legal &amp; Illegal Drugs</b>            | <ol style="list-style-type: none"> <li>1. What is a Drug?</li> <li>2. Different Types of Addictions</li> <li>3. Cannabis Products/Drug Classifications</li> <li>4. Party Drugs &amp; Illegal Drugs</li> <li>5. The War on Drugs/Volatile Substance Abuse</li> </ol>                                                         | Law<br><br>Law<br><br>Law<br>Law                      | <b>Pol-Ed – Keeping Safe</b> <ol style="list-style-type: none"> <li>1. What is Child Criminal Exploitation?</li> <li>2. What makes a gang a gang?</li> <li>3. What are the links between gaming and grooming?</li> <li>4. What are microtransactions (gaming)?</li> </ol>   | Law<br><br>Law<br>Law<br><br>Lib         |
| 5<br><b>Contraception &amp; STI's</b>            | <ol style="list-style-type: none"> <li>1. What are STIs?</li> <li>2. Treating STIs and the Clinic</li> <li>3. Contraception Explained</li> <li>4. Contraception - Condoms etc.</li> <li>5. HIV and AIDS</li> <li>6. Prejudice and Discrimination</li> </ol>                                                                 | Res<br>Res                                            | <b>Pol-Ed - Wellbeing</b> <ol style="list-style-type: none"> <li>1. What is expected of me?</li> <li>2. How do I deal with setbacks?</li> <li>3. What are my coping strategies?</li> <li>4. What is self-harm?</li> </ol>                                                   | Res<br><br>Lib<br><br>Lib                |
| 6<br><b>Combatting Extremism &amp; Terrorism</b> | <ol style="list-style-type: none"> <li>1. Conspiracy Theories &amp; Narratives</li> <li>2. Forms of Extremism</li> <li>3. What is Terrorism?</li> </ol>                                                                                                                                                                     | Lib<br><br>Law<br>Law                                 | <b>Pol-Ed – Essentials</b> <ol style="list-style-type: none"> <li>1. What is mental health stigma?</li> </ol>                                                                                                                                                               |                                          |

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|--|---------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|-----------------------------------------------------------------------------------------------------------------------|-----------------------|
|  | 4. War & Conflict<br>5. The Radicalisation Process<br>6. How Does Counter Terrorism Work?<br>7. What is Antisemitism in the UK? | Dem<br>Lib<br>Law<br><br>Law<br>Res | 2. How does the media portray sex and relationships?<br>3. Can I legally get contraception?<br>4. What is catfishing? | Res<br><br>Law<br>Law |
|--|---------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|-----------------------------------------------------------------------------------------------------------------------|-----------------------|