

Statutory Citizenship Education is in **bold**.

## Appendix: Life Skills Scheme of Learning

### Curriculum Map Life Skills 2025-2026

**Year 9**

**2 hours in Curriculum per fortnight**

**40 minutes in Tutor Time per fortnight**

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|---|
| Living in the Wider World               |
| Health & Wellbeing                      |
| Relationships & Sexual Health Education |
| Careers Education                       |
| Harmful Sexual Behaviours               |

| Term                                   | Curriculum Lesson   | BV  | Tutorial Session   | BV                                      |
|--|---|---|--|---|
| 1<br><b>Essential Life Skills</b>      | 1. Failure to Success<br>2. Assertiveness<br>3. First Aid<br>4. Saving and Managing Your Money<br>5. <b>Labour Market Information</b><br>6. <b>Finance, Budgeting and Employment</b><br>7. Social-Media & Online Stress           | Lib<br><br><br><br><br>Law                            | <b>Careers Education - Unifrog</b><br>1. What does success mean to me?<br>2. Taking control of your career journey<br>3. Challenges and rewards of work<br>4. What comes after school? – Learning pathways | Lib                                     |
| 2<br><b>Body Confidence</b>            | 1. How Self-Esteem Changes<br>2. Male reproductive organs<br>3. Female reproductive organs<br>4. Bullying in all its forms<br>5. Dealing with Loss<br>6. Media and Airbrushing<br>7. Cancer Prevention/Risks & Healthy Lifestyles | Res   | <b>Pol-Ed - Relationships</b><br>1. What is consent in a relationship?<br>2. What is sexism?<br>3. What is child sexual exploitation?<br>4. What's the issue with nudes?                                   | Law<br><br>Res<br>Law<br><br>Law        |
| 3<br><b>Sex, The Law &amp; Consent</b> | 1. Sexual Consent and the Law<br>2. FGM and the Law<br>3. Relationships and Partners<br>4. Domestic Abuse and Domestic Violence<br>5. Why Have Sex? - Delaying Sexual Activity<br>6. Sexual Harassment and Stalking               | Law<br><br>Law<br>Res<br>Law<br><br>Lib<br>Law<br>Law | <b>Pol-Ed – Understanding the Law</b><br>1. What do we mean by intimidation?<br>2. What is anti-social behaviour?<br>3. What is the impact of mugging?<br>4. What are county lines?                        | Res<br>Law<br>Law<br><br>Law<br><br>Law |

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|---|---|---|--|---|
| <p>4</p> <p><b>Legal &amp; Illegal Drugs</b></p>            | <ol style="list-style-type: none"> <li>1. What is a Drug?</li> <li>2. Different Types of Addictions</li> <li>3. Cannabis Products/Drug Classifications</li> <li>4. Party Drugs &amp; Illegal Drugs</li> <li>5. The War on Drugs/Volatile Substance Abuse</li> </ol>   | <p>Law</p> <p>Law</p> <p>Law</p>  | <p><b>Pol-Ed – Keeping Safe</b></p> <ol style="list-style-type: none"> <li>1. What is Child Criminal Exploitation?</li> <li>2. What makes a gang a gang?</li> <li>3. What are the links between gaming and grooming?</li> <li>4. What are microtransactions (gaming)?</li> </ol> | <p>Law</p> <p>Law</p> <p>Law</p> <p>Lib</p> |
| <p>5</p> <p><b>Contraception &amp; STI's</b></p>            | <ol style="list-style-type: none"> <li>1. What are STIs?</li> <li>2. Treating STIs and the Clinic</li> <li>3. Contraception Explained</li> <li>4. Contraception - Condoms etc.</li> <li>5. HIV and AIDS</li> <li>6. Prejudice and Discrimination</li> </ol>   | <p>Res</p> <p>Res</p>   | <p><b>Pol-Ed - Wellbeing</b></p> <ol style="list-style-type: none"> <li>1. What is expected of me?</li> <li>2. How do I deal with setbacks?</li> <li>3. What are my coping strategies?</li> <li>4. What is self-harm?</li> </ol>   | <p>Res</p> <p>Lib</p> <p>Lib</p>            |
| <p>6</p> <p><b>Combatting Extremism &amp; Terrorism</b></p> | <ol style="list-style-type: none"> <li>1. <b>Conspiracy Theories &amp; Narratives</b></li> <li>2. <b>Forms of Extremism</b></li> <li>3. <b>What is Terrorism?</b></li> <li>4. <b>War &amp; Conflict</b></li> <li>5. <b>The Radicalisation Process</b></li> <li>6. <b>How Does Counter Terrorism Work?</b></li> <li>7. <b>What is Antisemitism in the UK?</b></li> </ol> | <p>Lib</p> <p>Law</p> <p>Law</p> <p>Dem</p> <p>Lib</p> <p>Law</p> <p>Law</p> <p>Res</p> | <p><b>Pol-Ed – Essentials</b></p> <ol style="list-style-type: none"> <li>1. What is mental health stigma?</li> <li>2. How does the media portray sex and relationships?</li> <li>3. Can I legally get contraception?</li> <li>4. What is catfishing?</li> </ol>                  | <p>Res</p> <p>Law</p> <p>Law</p>            |