

INCLUSION UPDATE

JULY 2026



Our Inclusive Vision

At Guilsborough Academy, inclusion is embedded in everything we do. We believe that good quality teaching for students with SEND is good teaching for all, and we are committed to creating a calm environment so that every student can thrive academically, socially and emotionally.

Our approach is underpinned by our core values of Respect, Aspiration, Responsibility and Equality.

SEMH Intervention

At Guilsborough, we provide a number of interventions to support our students social, emotional and mental health (SEMH) needs. Interventions include low mood, self-esteem, anxiety, ELSA, Thrive and Zones of regulation.

As a school, we have identified the need in school for additional support in this area of need and are pleased to announce that we now have 4 trained Thrive practitioners in school and 3 ELSAs who will provide 1:1 intervention and small group work.

Thrive

The Thrive Approach is a trauma-sensitive, developmental model that helps children and young people understand and regulate their emotions. Rooted in neuroscience, attachment theory, and child development research, Thrive provides educators with tools to identify emotional needs and respond with targeted support. It is particularly effective for pupils who may be experiencing emotional distress or behavioural challenges, offering both universal and individualised interventions.

ELSA

ELSA is an **Emotional Literacy Support Assistant**. ELSAs are warm, kind and caring people who want to make children and young people feel happy in school and reach their potential socially, emotionally and academically. They support the children and young person's emotional development and help them cope with life's challenges from emotional literacy to active listening.



Respect

Equality

Aspiration

Responsibility



01604 740641



www.guilsborough.northants.sch.uk



Young Carers

Twelve of our Young Carers enjoyed a fantastic trip to Birdland, where they spent the day exploring, learning about these amazing birds and making lasting memories together.

One of the highlights of the visit was the opportunity to interact with the parrots. Students were able to feed and even hold a variety of parrots, giving them a unique hands-on experience and a chance to learn more about these colourful and intelligent birds.

As they explored the park, the group saw parrots of all types, along with many other fascinating animals including meercats and my personal favourite the Patagonian Mara. However, the clear favourite of the day were the capybaras. Their calm nature and friendly appearance made them an instant hit with all the students, who thoroughly enjoyed seeing them up close.

The trip provided a wonderful opportunity for students to spend time together, build confidence and enjoy a well-deserved day out. The children were a credit to the school throughout the visit, showing excellent behaviour, enthusiasm and curiosity.

Miss Runiewicz

Community Networking

Over recent months, Guilsborough have taken an active role in supporting West Northamptonshire Local Authority in relation to developments in adaptive teaching and the inclusive provision toolkit. As part of the ongoing support, Mr Frazer is now a member of the SEND advisory board for West Northants and is playing an active role in enhancing provision across the county.

Guilsborough hosted the Adaptive Teaching Network in July and welcomed leaders/SEND/COs/Professionals from across the county to review the finalised toolkit, share good practice and resources and plan future professional learning.

To ensure that parents/carers are kept up-to-date with recent developments, we have asked the SEND Specialist Teacher from the local authority to attend our first SEND parents forum of the year on Wednesday 18th November. Please click on the QR code below if you would like to attend.



SEND PARENT FORUM SIGN UP



**West
Northamptonshire
Council**



SEND Football Festival Success

A group of Guilsborough pupils recently had the fantastic opportunity to attend the Northamptonshire FA SEND Football Festival at Kettering Sports Park.

The festival was designed to provide fun, inclusive football activities for pupils with Special Educational Needs and Disabilities (SEND) aged 5–15, while also raising awareness of the pan-disability and SEND football opportunities available across the county.

We were delighted to be part of this inaugural event, which welcomed more than 260 students from schools across Northamptonshire. Throughout the day, our pupils demonstrated excellent teamwork, enthusiasm, resilience and sportsmanship while taking part in a wide range of engaging football activities. The festival created an environment where every participant could enjoy being active, develop confidence and experience success, regardless of ability.

The event was supported by student leaders from Wrenn School, alongside coaches from Kingsthorpe Jets FC, Wellingborough Town FC Limitless and Northampton Town Community Trust, all of whom helped create a positive and inclusive experience for everyone involved.

Opportunities such as this are incredibly valuable for our pupils, providing a chance to build confidence, develop social skills, try new activities and celebrate their strengths in a supportive setting. It was wonderful to see so many smiles throughout the day and to witness our pupils embracing every opportunity on offer.

A huge thank you to Northamptonshire FA, Northamptonshire Sport and all of the organisations involved for delivering such a successful and enjoyable event. We look forward to supporting future SEND Football Festivals and continuing to promote inclusive sporting opportunities for all our pupils.



Inclusion Awards

In the final week of term, we celebrated those students who have consistently demonstrated our core values, have gone above and beyond or faced significant barriers to their learning. This year the inclusion awards went to;

Year 7 - Alfie Castletine-Jackson

Year 8 - Jesse Styant

Year 9 - Chloe Chapman

Year 10 - Jacob Shiel



Alfie has had a very successful transition to Guilsborough and received 4 separate department awards during the evening

Mental Health Support



MENTAL HEALTH SUPPORT



YOU ARE NOT ALONE. HELP IS HERE.



APPS FOR MENTAL HEALTH SUPPORT



Anxiety: Headspace

Guided meditations and tools to help manage anxiety.



Sleep/Insomnia: Sleepio

Improves sleep quality and helps you build better sleep habits.



Low mood: Mood Tools

Practical tools to help manage low mood, stress and anxiety.



Self harm: Calmharm

Provides support and helps you resist the urge to self-harm.



You can email us:

ithinkyoushouldknow@guilbsborough.northants.sch.uk



COME
AND
TALK!

DROP-IN SESSIONS

Talk to Miss Rowinski in a safe, supportive space.



MONDAY –
THURSDAY



FORM TIME



C4

IMPORTANT SUPPORT NUMBERS

	SHOUT text messaging service	85258
	Childline	0800 1111
	School Nurse text line	07507 329 600
	CAMHs Crisis Line	0800 170 7055



It's okay to ask for help. You matter.



Summer Events

THE MENTAL HEALTH SUPPORT TEAM

SUMMER WORKSHOPS

Managing my Emotions and Anger
10:30am-12:00pm on 27th July at Kingsthorpe Family Hub
1:00-2:30pm on 14th August at Sudborough House, Kettering

Managing my Low Mood
1:00-2:30pm on 27th July at Rectory Road Clinic, Rushden
11:00am-12:30pm on 7th August at Danetre Hospital, Daventry

Mindfulness and Relaxation
11:00am-12:30pm on 13th August at Danetre Hospital, Daventry
10:30am-12pm on 27th August at Rectory Road Clinic, Rushden

Managing my Anxiety
11:00am-12:30pm on 17th August at Danetre Hospital, Daventry
10:30am-12pm on 19th August at Sudborough House, Kettering

Managing Sleep Difficulties
10:30am-12pm on 19th August at Brackley Medical Centre
10:30am-12pm on 25th August at Isebrook Hospital, Wellingborough

SUITABLE FOR AGES 13-17

SIGN UP HERE!



FOR ANY QUESTIONS, PLEASE CONTACT
CYP.MHST@NHFT.NHS.UK

SUMMER WORKSHOPS

WITH THE MENTAL HEALTH SUPPORT TEAM

MINDFULNESS AND RELAXATION
10:30AM-12:00PM ON 22ND JULY AT RECTORY ROAD CLINIC, RUSHDEN
10:30AM-12:00PM ON 26TH AUGUST AT NEWLAND HOUSE, NORTHAMPTON

MANAGING LOW MOOD
10:30AM-12:00PM ON 29TH JULY AT DANETRE HOSPITAL, DAVENTRY
1:00-2:30PM ON 20TH AUGUST AT ISEBROOK HOSPITAL, WELLINGBOROUGH

IMPROVING MY SLEEP
10:00-11:30AM ON 30TH JULY AT DANETRE HOSPITAL, DAVENTRY
10:00-11:30AM ON 24TH AUGUST AT SUDBOROUGH HOUSE, KETTERING

MANAGING MY WORRIES
10:00-11:30AM ON 3RD AUGUST AT KINGSTHORPE FAMILY HUB
10:00-11:30AM ON 13TH AUGUST AT RECTORY ROAD CLINIC, RUSHDEN

MANAGING MY EMOTIONS
12:45-2:15PM ON 6TH AUGUST AT ISEBROOK HOSPITAL, WELLINGBOROUGH
10:30AM-12:00PM ON 24TH AUGUST AT KINGSTHORPE FAMILY HUB

SUITABLE FOR AGES 9-12

SIGN UP HERE!



FOR ANY QUESTIONS, PLEASE CONTACT
CYP.MHST@NHFT.NHS.UK

There are 100s of workshops over the summer holidays through the West Northants events page

Use the QR codes to sign up and find out more information



Children and Young People Service
#weareNHFT

Northamptonshire Healthcare NHS Foundation Trust

Children's Wellbeing Drop-in

Moulton Library: 27/07/26 10am-12pm
Corby Library: 28/07/26 11:30am-1:30pm
Rothwell Library: 29/07/26 1pm-3pm
Towcester Library: 30/07/26 11am-1pm
Wootton Library: 04/08/26 11:30am-1:30pm
Duston Library: 07/08/26 10am-12pm
Irthlingborough Library: 13/08/26 10:30am-12pm
Desborough Library: 18/08/26 10:30am-12:30pm
Hunsbury Library: 18/08/26 2pm-4pm
Kettering Library: 24/08/26 10am-12pm
Brixworth Library: 27/08/26 10am-12pm

Who we are
The Children's Wellbeing Practitioner (CWP) service sits within NHFT and offers early intervention, mild to moderate mental health support for children and young people up to the age of 18 in Northamptonshire.

Wellbeing Activities
Come and take part in some wellbeing activities:

- Games
- Creative arts and crafts
- Breathing techniques
- Making your own calming keyrings
- Making a worry monster

Making a difference, together

SUMMER OF SPORT ROADSHOWS

FREE
FAMILY FRIENDLY
SPORTS FUN!

NORTHAMPTON

**THURSDAY
23 JULY
1 - 5PM**

AT
THE RACECOURSE
NORTHAMPTON

DAVENTRY

**FRIDAY
24 JULY
1 - 5PM**

AT
NEW STREET PARK
DAVENTRY

BRACKLEY

**WEDNESDAY
19 AUGUST
1 - 5PM**

AT
TOWN CENTRE PARK
BRACKLEY

TOWCESTER

**FRIDAY
21 AUGUST
1 - 5PM**

AT
RECREATION GROUND
TOWCESTER

SPORTS INCLUDE:

- Football
 - Rugby
 - Cricket
 - Archery
- and much more

PLUS

Craft activities
and inflatables

**ENJOY SPORTS AND ACTIVITIES THIS SUMMER
AT PARKS ACROSS WEST NORTHANTS**



www.westnorthants.gov.uk/summer-of-sport
SUITABLE FOR ALL AGES AND ABILITIES



West
Northamptonshire
Council



DAVENTRY
TOWN COUNCIL



BRACKLEY
TOWN COUNCIL





Guilsborough Academy

Guilsborough Multi Academy Trust

SEND EVENTS, SAVE THE DATES!

Join us for our SEND (Special Educational Needs and Disabilities) Parent Events and Forums at **Guilsborough Academy**

SUPPORTING OUR SCHOOL COMMUNITY



Information and invitations to these events will be sent out closer to the time. It will be great to see as many of our parent/carers there as possible.



If you have any questions, please contact:

SENDAdministrator@
guilsborough.northants.sch.uk
or call the school office

SEND PARENT EVENINGS

(Open to EHCP and SEND Support)



Thursday

15th October 2026

3-5pm



Thursday

4th February 2027

3-5pm



Thursday

24th June 2027

3-5pm

SEND PARENT FORUMS

(Open to EHCP and SEND Support)



Wednesday

18th November 2026

5-6pm



Wednesday

10th March 2027

5-6pm



Wednesday

3rd June 2027

5-6pm



TRANSITION EVENT
for YEAR 7 PARENTS/CARERS
for September 10th at 2.15pm

TOGETHER, WE CAN MAKE A DIFFERENCE!

We look forward to welcoming you and working together to support our children and families.



www.guilsborough.northants.sch.uk

Working In Partnership with Families

We know that the strongest outcomes come from close collaboration with parents and carers. Families are involved in:

- Planning and reviewing support
- Sharing insight into their child's strengths and needs
- Regular communication with staff
- Decision-making around next steps and interventions

Your voice matters, and we value working together to support your child.

Local Support for Families

Families may also find the following local services helpful:

SEND & Education Support

- West Northants SEND Local Offer: www.westnorthants.gov.uk/localoffer
- Inclusion & Intervention Support Team (IIST):
<https://www.westnorthants.gov.uk/family-offer-inclusion-and-intervention-support-team>

Emotional Wellbeing & Mental Health

- Children and Young People Mental Health Support:
www.westnorthants.gov.uk/mentalhealth/children
- CAMHS Accessed via GP or school referral:
www.nhs.uk/mental-health/children-and-young-adults/mental-health-support/

Family Help

- West Northants Family Help:
<https://nctrust.co.uk/support-for-children-and-families>
- Family Hubs:
<https://www.westnorthants.gov.uk/family-hubs/best-start-life-family-hubs>

NEED SUPPORT OR HAVE ANY QUESTIONS?

If you have any questions about SEND support at Guilsborough Academy, please contact the SEND Team. We are always happy to listen and work with you.

Together, we will ensure every student feels supported, included and able to succeed.



01604 740641



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