Guilsborough Academy NEWSLETTER

Learning Without Limits

A

Issue No. 858

Date: December 2022

Dear Parents / Carers

For many, the Christmas holidays are a time to get together as a family and enjoy the festive period. As I look forward to time with my family, I reflect on a busy term and celebrate the many great activities which our students have been involved in.

There are so many to mention, I know I am going to miss something, so I will offer an apology now if the list below does not include the activity your son/daughter took part in.

- Duke of Edinburgh Award Scheme Bronze,
 Silver and Gold expeditions have taken place.
 We have signed up over 100 students for the coming year. This is amazing.
- Form group celebration trip to bowling
- Extra curricular activities including:
 - ♦ Football
 - ♦ Rugby
 - ♦ Netball
 - ♦ Hockey
 - ♦ Table Tennis
 - ♦ Art
 - ♦ Textiles
 - ♦ Cooking
 - ♦ Eco Committee
 - ♦ Music
 - Additional tutoring in a number of subjects
- Careers events
- Parent Forum
- Sports leadership
- Table top gaming
- Anti-bullying week
- Numerous subject trips
- Academy production of 'We will Rock You'
- Christmas Concert

I am really pleased that we have been able to return to the activities which make the process of learning so much more enjoyable. These activities are often what we remember of our school days.

As we end the longest term of the year, I would like to congratulate the 148 students who have achieved 100% attendance since September. At a time when coughs, colds and other illnesses can result in absence, I know many will have come to school not feeling their best. In addition to those with 100% attendance, 467 have attendance greater than 96%. All these students will receive certificates reflecting their excellent attendance in the New Year.

Finally, it would not be right if I were to finish my last letter of the year without also reflecting on the massive contribution Mrs Swales has made to Guilsborough Academy. She has worked tirelessly for our students and staff and always had their best interests in mind. I know you will join me in wishing Mrs Swales the very best for the future.

May I wish all our students, their parents/carers and extended families, a Merry Christmas and a Happy New Year.

Mr S Frazer Principal



Parent Forums

Many thanks to those Parents/Carers who attended the Whole School and SEND Parent Forums.

Your time and feedback is very much appreciated.

What a fantastic opportunity for us to work in partnership.

More information to follow in the New Year.

Many thanks,



The **Business department** is looking for a small business owner who would be willing to give a talk to our students on what it is like to run, develop and manage a small business. If you are interested, please contact **Miss Kelly** (Head of Business and Economics) on: kelly@guilsborough.northants.sch.uk



Drayton Manor Reward Trip

The Drayton Manor trip from July has been rescheduled for Friday 21st April 2023 – all those who were due to attend the trip and had handed in

signed consent will be attending on this day.



Mrs Fretwell
Teacher of Humanities





counts

DECEMBER

Fri 16th School Closes

JANUARY

Tur 3rd Training Day

Wed 4th School Opens

Thu 19th Year 13 Parents' Evening

FEBRUARY

Thu 9th Year 10 Parents' Evening

Fri 10th School Closes

Mon 20th School Opens

MARCH

Thu 9th Year 9 Options Evening

Thu 16th Year 9 Parents' Evening

Thu 30th Year 11 Information Evening

Fri 31st School Closes

APRIL

Mon 17th School Opens

Sixth Form Paris Visit 2022

For the three days before the October half term holiday, 41 Year 12 and 13 students travelled to Paris to enrich their Art, Photography and English A Level courses.

We began at the unreasonable time of 3am, meeting our fantastic bus drivers Mick and Tim at the school, some of us in our pyjamas still! The journey was smooth, and got us into Paris in time to catch our boat trip along the Seine, allowing us to take in so many of the famous sights of the city. It was a great start to the trip, allowing us to really appreciate where we were and what we had to look forward to. The fact that we began and ended this trip in the

shadow of the Eiffel Tower added to the excitement. The sightseeing trip to Montmartre was cut very short by Parisian rush hour traffic – although Mrs Tibbles frog marched everyone up the steep steps to the Sacre Coeur for a quick photo opportunity before we headed to dinner. Everyone slept very well on the first night!

Day two was a full day of galleries and sightseeing. Our first stop was the Louvre, entering through the iconic glass pyramid. The sheer scale of this museum is incredible and the two and a half hours we had there only enabled us to get a small feel for the wonders housed within. After an outdoor lunch in the lovely sunny October Parisian weather we walked along the Tuileries Gardens to the Musée d'Orsay. This gallery is smaller than the Louvre so the two hours here afforded time to take in most of the amazing art on display. The day was completed by a bit of free time and shopping along the Champs Elysées before dinner near the Arc de Triomphe where we saw the daily remembrance service.

On the final day we returned to the Place de la Concorde and the Tuileries Gardens for a final gallery visit to the Musée de l'Orangerie. This is the home of Monet's waterlilies – the two elliptical rooms housing these were truly awe inspiring.

All the students were absolutely fantastic and hopefully all took away some amazing experiences, both to extend their studies, but also enhance their world view.











Sixth Form Stratford Visit 2022

On Monday 5 December, Geography A-Level students visited Stratford to investigate the tale of two postcodes: E15 and E20. Stratford is the 7th poorest local authority in the UK but there are clear divides within the area due to varying levels of development. This directly links to the changing places unit with urban regeneration and development.

In small groups, we completed surveys of the population, housing, and quality of life. As well as this, we completed crime risk assessments, and surveyed members of the public in order to gain reliable primary data regarding perception and experience of the area. In both places we compared prices of commonly available goods, such as bread, wine, a cup of tea and a haircut. All this data can be used to draw synoptic links between levels of urban development due to changing places. We visited the Olympic Park on our trip to see how this development has created social and economic opportunities as well as challenges, such as the initial loss of 200 factories in the area which had previously provided 5000 jobs. Year 12 are currently investigating Sustainable Urban Drainage Systems, so it was interesting to observe some of these first hand in the Olympic Park, such as green walls on the aquatic centre and velodrome.





This trip has given us awareness of an in-depth case study, which we will be able to use in our A-Level exams.

Written by Jemima Lambert and Emma Copland, on behalf of the Geography Ambassador Team







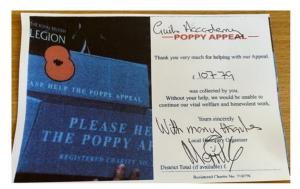




Remembrance Day 2022

Poppy Appeal

Thank you for helping us raise £107.79 for the Royal British Legion





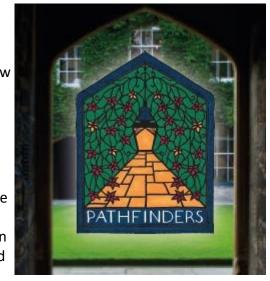
Bronte Irvine (Head Student) and Heather Longbottom (Assistant Head Student) represented our student body at Guilsborough Remembrance service accompanied by Miss Fairlie.



Pathfinders

On Friday 18 November, myself and four other Year 9 students got the opportunity to go on our first Pathfinder trip to Lincoln University. During the day we had four University taster lectures which included; Law, Physics, Medicine and Bio-Chemistry. In our Law lecture we got given several different scenarios and had to pick how we would defend their case by being split into two different teams. After, we had a comfort break and were offered refreshments and snacks to prepare us for our next lectures.

In Physics we learnt all about Neutrinos, the Hyper-Kamiokande Neutrino Observatory and all the different parts of Physics if we were to pick it when we get to University. We then got the opportunity to learn all about the topics in Medicine, during this time we were given several scenarios with lists of potential responses which we then had to put in order of importance. During our lunch break we were able to discuss our favourite subjects so far with our peers and staff.



For our last lecture of the day we had Bio-Chemistry. This included learning all about the spread of a Lactase -Persistence Allele and writing observations about data we were given. As a bonus, upon arrival we were kindly given goodie bags with stationery and a Pathfinders t-shirt inside. As a group, we can't wait for our next Pathfinders trip in the Spring to Oxford University.

Also a big thank you to Miss Hunt and Mr Ilkiw for taking us on this wonderful experience.

Faye Platt Year 9

'You vs Train'

Guilsborough Academy hosted a live presentation to schools across the country, aimed at raising awareness of the dangers of the railway. The event was held at our academy as we have a close relationship with the friends and family of Harrison Ballantyne, one of our own students who tragically lost his life in



a railway incident. We wanted to be part of this campaign and were very pleased to be able to host the agencies and Harrison's mother on the day.

You vs. Train is a new **rail-industry initiative**, spearheaded by Network Rail & the British Transport Police, which targets teenagers and encourages them to consider the serious and devastating consequences for them and their loved ones when they make the potentially life-changing decision to ignore warnings and go onto the railway.

Harrison's Story is about 11-year-old Harrison Ballantyne, who tragically lost his life when he was electrocuted by overhead power cables after straying into a rail freight depot to retrieve a lost football. He was hit by 25,000 volts of electricity. There was nothing his friends or paramedics could do to save him. Harrison died at the scene.

Harrison's Story is part of the <u>You vs Train campaign</u>, which aims to educate people about the dangers, both obvious and hidden, that are present on the railway and in doing so, deter trespassing.

It was a very humbling and interesting experience for all those involved, however, all the students were amazing, a real credit to the school. A situation like this is always going to be emotional and personal but it was a credit to all involved at how well they carried themselves, spoke and engaged in the experience.

The feedback from the external people and agencies involved has been incredible and we all hope that this is now a starting point for the legacy and initiative moving forward. Harrison's mother wanted to pass on her thanks for the opportunity and we sent the link out to be shown as part of a tutor session.

Mr Woolridge Assistant Principal
Head of Year 7 Assistant Head of Physical Education

Sixth Form Corby Visit 2022

On Wednesday the 16 November we embarked on our trip to Corby to develop a deeper knowledge as part of our studies for the changing places unit in geography. During our visit we completed several surveys and analysis of a variety of locations. We also visited the library to gain some secondary data to give us some more detailed information on Corby's past. Some students even asked their own questions to Corby residents to gain an insider perspective into what Corby is really like through the eyes of someone who lives there. The trip has given us a great insight into Corby which we can now use as a place study in our exams as an example of a changing place. Corby is our 'Near' place study, and we are able to compare the characteristics of our 'far' place study of Stratford.

Jacob Shearing- Year 13









Anti Bullying Week 2022

The theme for Antibullying week this year was 'Reach out' which we launched with a Bio-degradable balloon release. The week began on Monday 14th November with Odd Socks Day, a national day where school children up and down the country celebrate individuality and difference. Tom from BBC Radio Northampton then joined us for the Breakfast show. Throughout the morning he interviewed our fabulous Assistant Head Student Ole and staff about how we can be upstanders and not bystanders when it comes to unkind behavior. As part of our work towards the Diana Award for our 'Community' badge our Anti-bullying Ambassadors created an assembly for all students, delivered a workshop to Year 3 at Crick Primary school and we painted positive rocks hidden in the community please tag us #GA if you find one. 79 of our students are now fulfilling their role as Student Leaders working alongside SLT to drive positive behaviour and have their own New Student Leadership Tie and Badges.

Miss Fretwell Student Leadership Coordinator













Anti Bullying Week 2022







Eco Committee

This term on the eco committee we have been very busy! We started the year off by completing an eco-review of the school to decide what we were going to improve. With regular meetings we then decided what we were going to do and how we were going to achieve our goals. Through the ecoreview we picked our three topics to be; global citizenship, school grounds and energy. So far, we have focussed mainly on global citizenship and school grounds. For global citizenship, we did a bake sale on the 7 December which raised a total of £217! This money will be going towards buying some trees for our local village Long Buckby. As well as this, school grounds are something we are trying to improve so for this section we have obtained some plants that we are hoping to place in classrooms around school to create the best learning space possible. Next term our aim is to raise more money for the local community as well as looking at what more we can do to make sure that the school is wasting as little energy as possible and making sure that it is coming from a sustainable source. Hopefully we can encourage teachers and students to turn off the lights and anything else using electricity when it is not needed and disposing of waste in the correct bins.

Written by Connie (Eco-Committee lead- Year 11)











Children in Need



Friday 18 November saw lots of events round the school to raise money for Children in Need. Thank you to all those who took part and helped us raise a fantastic total of £1,175.07

A Huge Thank You for your Kind Donations for our Hamper Appeal!

We were all blown away with the amount of effort that the form groups have put into the Christmas Hampers this year! It feels like this has been one of the best years ever.

Thank you all so much!!!!

Also, a big shout out to Cliff & Richard (site team) for dropping them off at the Daventry Food bank.

Mr Frazer had a very tough decision when picking a winner in each year group as the standard was so high.

The winners are as follows and were able to collect a tub of chocolates for the tutor group to share.

Year 7 - 7SFTL

A bonus prize was given to the Yr7 tutor with the wooden crate because Mr Frazer liked it so much!

Year 8 - 8RSHS

Year 9 - 9REMA

Year 10 - 10EBRL

Year 11 - 11SMAS

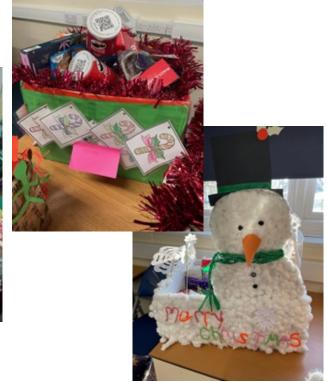
Mrs Shiels & Mrs Gunn











Christmas Hampers







OH. MY. GOODNESS!!! Guilsborough School, you have once again smashed it. Not only were we blown away by the amount of hampers that you put together but also at the creativity of each parcel. They're amazing!! Huge thanks also to Cliff and Richard for delivering them.



Bold Voices

Students will participate in some training and educational presentations next term by an external company, Bold Voices. These sessions will be highly important in our drive to raise awareness and educate students around a range of topics, see below for specific details;

Thursday 12th January 2023

Year 7 & 8 - What is Gender Inequality?

Wednesday 1st February 2023

- Year 9/10/11 Thinking Big About Gender Inequality
- Sixth Form Preparing Our Teens for the Unspoken at University

Thursday 23rd February 2023

- Y9/10/11 The Power of Gendered Language
- Sixth Form Misogyny, Language & Violence

Tuesday 21st March 2023

- Y9/10/11 Our Digital Selves
- Sixth Form How Can Our Online Lives Cause Harm?

Mr Woolridge Assistant Principal Head of Year 7 Assistant Head of Physical Education



Rocking Around the Christmas Tree

Christmas Tree Donation for Reception





Welford Christmas Tree Farm have once again kindly donated a Christmas tree for our Reception. The tree can be seen here in all it's splendour.



www.welfordchristmastreefarm.co.uk

Tel: 01858 657008



Christmas Tree Donation for the Sixth Form Centre





Jo Grey at Fuschia Pinks has kindly donated a real Christmas tree for the third year in a row to the Sixth Form. The tree takes pride of place in the Sixth Form centre.









Thank you for helping us raise £235.50 for Save the Children



Student of the Term Awards

Each term, the teachers at Guilsborough Academy all nominate one student who they want to recognise for demonstrating one of the four Guilsborough values. These students are recognised in our celebration assembly and in the school newsletter. They receive a certificate and are then placed in a draw to win a small gift/prize.

Well done....

Title	Surname	Student's Firstname	Student's Surname	Year Group	School Value
Miss	Hamer	Philippa	Brain	7	Aspiration
Mrs	Ballinger	Ruby	Langmead	7	Responsibility
Mr	Jefferies	William	Parton	7	Respect
Miss	Dawes	Esme	Sage	7	Respect
Dr	Massie	Luke	Silk	7	Respect
Mrs	Fretwell	Jemima	Spiller	7	Respect
Mr	Bradshaw	Xander	Syers	7	Respect
Mr	Drouet	Tobias	Warrilow	7	Aspiration
Mrs	Magson-Ayala	Ashton	Winterburn	7	Aspiration
Miss	Zuleta	Gauri	Ajesh	8	Aspiration
Mrs	Mansfield	Maddison	Ashwell	8	Aspiration
Mr	Mills	Naomi	Bramwell	8	Aspiration
Mrs	Pugh	Enaisha	Brown	8	Responsibility
Mrs	Ette	Imogen	Cowley	8	Aspiration
Mrs	Stanger	Ben	Kiff	8	Respect
Miss	Hazlewood	Lacey	Parry	8	Responsibility
Mrs	Phipp	Bradley	Shaw	8	Aspiration
Mr	Harrison	Burdett	Cecile	9	Aspiration
Mrs	Hudson	Jones	Dougie	9	Aspiration
Mrs	Kilham	Sam	Eldred	9	Aspiration
Mrs	Barker	Nathan	Hill	9	Aspiration
Mr	Woolridge	Connor	Keys	9	Aspiration
Miss	Mills	Eliana	King	9	Respect
Mrs	Holmes	Neirin	Marshall-Cross	9	Aspiration
Mr	Ditchburn	Megan	Murphy	9	Responsibility
Mrs	Commons	Eleanor	Parton	9	Aspiration
Mrs	Taylor	Eleanor	Parton	9	Aspiration
Mr	Rawlinson	Korban	Tear-Rogers	9	Aspiration
Mr	Niland	Matthew	Baines	10	Responsibility
Miss	Boyer	Oliver	Britton	10	Aspiration
Mr	Murphy	Noah	Cooksey	10	Aspiration
Mrs	Aveling	Leo	Dedman	10	Responsibility
Mr	Cope	Emilia	Doolan	10	Aspiration
Mr	Hancock	Zofia	Giza	10	Aspiration

Student of the Term Awards

Title	Surname	Student's Firstname	Student's Surname	Year Group	School Value
Mr	Reynolds	Sam	Gunnett	10	Aspiration
Mr	Gregson	Hackett	James	10	Aspiration
Miss	Rumsby	Finley	Mackintosh	10	Aspiration
Mr	Rogers	Isobel	Moore	10	Aspiration
Miss	Boland	Max	Robinson	10	Aspiration
Mrs	Dean	Рорру	Schofield	10	Aspiration
Mr	Sharp	Archie	Wiseman	10	Aspiration
Mrs	Shiels	Mykhalio	Yaremchuck	10	Aspiration
Miss	Nokes	Jack	Angell	11	Aspiration
Mr	Flanagan	Ben	Bailey	11	Aspiration
Mrs	Lauder	Hazel	Copping	11	Aspiration
Miss	Keenes	Maddi	Davis	11	Aspiration
Mrs	Godley	Jacob	Dearing	11	Aspiration
Mrs	Taylor	Alfie	Edmonson	11	Aspiration
Mr	Corcoran	Emily	Elford	11	Aspiration
Dr	Broadhurst	Baylee	Hilton	11	Aspiration
Miss	Ayrton	Olivia	Joyce	11	Responsibility
Mrs	Grant	Megan	Lyon	11	Aspiration
Mrs	Lambert	Sammy	Mold	11	Responsibility
Mr	van Asch	Sonny	O'Day	11	Aspiration
Mrs	Collinson	Bethany	Smith	11	Aspiration
Mr	Tapley	Arthur	Tilt	11	Aspiration
Miss	Heritage	Em	Vickers	11	Aspiration
Mrs	Tibbles	Nanami	Westerby	11	Aspiration
Mr	Bird	Benjamin	Westmoreland-Alexander	11	Aspiration
Mr	Spiller	Benjamin	Westmoreland-Alexander	11	Aspiration
Mr	Thompson	Hermione	Williams	11	Aspiration
Mrs	Barrell	Oscar	Davies	12	Responsibility
Mr	Frazer	Summer	Gardner	12	Responsibility
Mr	Jackson	Jemima	Hawkins	12	Aspiration
Mr	Frazer	Erin	Wilkins	12	Responsibility
Mr	Piggon	Sophie	Green	13	Responsibility
Mr	Sheehan	Emily	Green	13	Aspiration
Miss	Kelly	Monty	Morrison	13	Aspiration
Mr	Frazer	Zara	Penny	13	Responsibility

Festive Fiesta Concert

On the 8 December we hosted our Festive Fiesta Concert. Over the past couple of months, everyone involved has been working hard to make sure that we could bring the best concert possible. Among our performers we had bands and groups as well as soloists together bringing two hours of festive spirit to Guilsborough. On the night our compere Nye did a brilliant job introducing the songs and giving us a background as well as playing and singing himself. There was a great array of talent on show on the night with performers ranging from Year 7 to Year 13 and displaying acts such as singing, a performance from the wind band and the rock academy. During the interval many raffle tickets were sold for the PTA and the winner won a Christmas hamper full of treats. A big thank you to Mrs Holmes for organising such a wonderful, christmassy evening and also to the stage managers Jenny-Li Bailey and Elizabeth Northover who made the night possible and really got us in the festive mood!



Mrs Holmes Head of Music











Festive Treats for Attitude to Learning

Every lesson teachers record Students' Attitude to Learning - we celebrated those with consistently high A2L for Term 1 & 2 during the last week with Christmas films and festive snacks – Congratulations!

Miss Fretwell

Student Leadership Coordinator



Cross Country

Congratulations to all that participated in the district cross country competition at Courteen Hall, the below runners have qualified for the county round in January at Abington Park. A few have made the reserves list.

Great performance all, well done!

U13

Jemima Spiller – 8th
Edward Stewart – 10th
Florence Lambert – 12th

U15

Raffi Oliveti – 2nd
Archie Osborne – Green – 4th
Nate Tilt – 7th
Thomas Owen – 14th
Matilda Sheldon – 16th

U17

Arthur Tilt – 2nd
Benjamin Westmoreland – Alexander – 3rd
Jack Gospel – 4th
Poppy Hulme – 9th
Lyall Lambert – 11th

U19 Jemima Lambert

Miss S Boyer Head of PE







Changes to Bus Services

The council have made a numbers of changes to our bus services over the last few weeks. The up to date schedules can be found on our website. Any issues should be reported to the council's team:

SchoolTransport.NCC@westnorthants.gov.uk, 01604 364388, www.westnorthants.gov.uk



Sporting News...

ESFA England National Trials

Last month, Mr Jefferies organised for two students to travel to Lilleshall National Sports for trials for the U15 Girls' England Schools' team. Phoebe Wilkins and Teyha Oddy attended the trials at the national centre and both remarked on what a fantastic



experience it was to wear the three lions kit and play on the same pitches as our national sporting icons have over the years. Well done Girls!

Mr Jefferies PE Teacher

Football Results

Girls Year 7 & 8 football tournament.
Our team finished joint 1st after 5 games where they were unbeaten, winning 3 and drawing 2.

Mr L Cope Head of Year 10 Teacher of PE

Netball Club Years 7 & 8

Year 7 & 8 lunchtime netball club is in full swing. We have really strong numbers for Year 7 which is fantastic, with still more joining every week. Some of the pupils have come with a wealth of netball knowledge already but it has been lovely to see them share and help those with less experience. As the weeks go by the teams are gaining more confidence and games for understanding which we will put them in good stead for the up-and-coming fixtures.

A big thank you to our 2 Sixth Form helpers, Emma and Jemima, who have been instrumental in increasing participation levels and encouraging pupils to come along. It has also been great to have extra pairs of hands when coaching.

If you know of any other young person in Year 7 or 8 who would like to join please direct them to the sport hall on a Monday lunchtime.

Mrs Dean PE Teacher





Netball Years 7 & 8

Year 7 & 8 travelled to Magdalene College for their away fixture, the Year 7's won their game 2-1 with player of the match awarded to Bella Selley.

The Year 8's lost 3-1 in their game with player of the match awarded to Eleanor Anokorang.

Miss S Boyer Head of PE

PE Bravo Board

Congratulations to all the students who made it onto the PE Bravo Board. The pupils have really impressed us all with their hard work, commitment, effort and enthusiasm in PE, it was difficult to select just three pupils each!

Look out for the updated board outside of E block.

Here is how you could feature next term.....

The criteria for nominations could in includes any one of the following:

- Being a good role model in PE.
- Making excellent progress towards targets in PE.
- Working with continued effort and enthusiasm in lessons.

If nominated pupils can choose either an email, phone call or postcard home to let parents and guardians know how well they have been doing in lessons.

Mr Hancock

- Oscar Evans Keen to learn and improve.
- Cecile Burditt Always going above and beyond to support the group.
- Aggie Dunkley For striving really hard to improve.



Miss Boyer

- Megan Edginton positive role model to the group, excellent coaching and analysis completed in all
 lessons.
- Ed Dawson-Bruce has tried hard in every lesson this term and making great progress.
- Cleo Parker always gives 100% in lessons, works hard, listens to advice and a great role model to her peers.

Mr Woolridge

- Connor Keyes excellent engagement in the Rugby unit we are currently doing. Real enthusiasm and confidence in the tackle and getting stuck in, well done!
- Patrick O Hagan Patrick has shown a real desire and passion to get involved in the rugby sessions and has taken feedback on well, improving his tackle technique and knowledge and understanding of Rugby skills and tactics.
- Joel Osei Poku has really gained confidence and knowledge within the recent unit of Rugby. Joel has fully embraced getting involved and has made huge progress.

Year 9 PE group as a whole – Rugby with Mr Woolridge – the whole group have really engaged in this unit of work. There have been a number of students who have really stood out for their enthusiasm and commitment to learning new skills, well done to the whole class!

PE Bravo Board

Mr Cope

- Mason Lyon: hard work and excellent effort.
- Max Locmelis: hard work and excellent effort.
- Oliver Britton; always willing to help and has a fantastic attitude regardless of the activity.

Miss Vickers

- Billy-Dean Sharp for showing a lot of progress in PE this year and a positive attitude in PE.
- Wrenn Cooper- for being a positive role model in all PE lessons, for enthusiasm, listening to instructions and working well with teammates.
- Evie Reamsbottom- for showing effort and enthusiasm in PE.

Mr Jefferies

- Charlie Cooper- very enthusiastic start to the year, making great progress.
- William Stott- Excellent effort and application. Lovely manners/always kind and polite to others.
- Edward Stewart- Excellent effort and application. Lovely manners/always kind and polite to others.

Mr Mills

- Ruby Langmead consistently has a positive can-do attitude across all PE lessons. She is always giving 100% during lessons. Ruby has made good progress throughout the term and is progressing well both practically and with her responses/ game play.
- Naomi Bramwell has made significant progress throughout the term, Naomi's engagement and enthusiasm is excellent. She is always on time and in the correct uniform and is always the first person to help set up and the first to help pack away. Naomi always gives 100% during lessons.
- Georgia Bown always on time and in correct uniform, always helps setting up and packing away resources throughout lessons. She has also made good progress throughout the term through her practical demonstrations and her responses to questions. Georgia is always giving 100% in lessons.

Mrs Dean

- Poppy Scholfield A fantastic role model to others in every way! A delightful pupil to have in any the class.
- Laura Waller-Noble Has been working really hard in core PE especially in netball and has made significant improvements over the course of the term . Keep it up Laura!
- Jensen MaCCauley Such enthusiasm for PE a pleasure to teach. Constantly on hand to offer help with equipment before and after every lesson too without being asked.

Mrs Dean Teacher of PE



Cheerleading Competition

Katie Buchanan of Year 9 competed in two Cheerleading teams during the first weekend in December. Her Junior Team came 1st in their Division on the Saturday and the Senior Team came 2nd on Sunday.

Julie Buchanan



Online Safety

As we are in the run up to Christmas a lot of student's are asking for video games — whether it is on PC or games console. As parents it is important that you have an overview of where the games sit in terms of age rating and whether they have an online social element or not as this will impact on the potential risks involved in playing the game. This chart is designed to help with that. Ultimately the best advice is to ask your son/daughter about the game they would like, what they will get out of it and do some research before buying it for them for Christmas.



Also during the holidays students have more time to use social media so there is advice on how to combat online bullying.

Mr van Asch
Computer Science and Business Studies Teacher

Understanding types of Genres in gaming

Role-Playing

Game (RPG)

(Fortnite)

Non-

social

(The Legends of Zelda: Breath of the Wild)

Shooter (solo)

Examples of different genres in gaming and where they sit in terms of how complex they are to play and the level of social interaction they offer

Sandbox

(solo)

(SIMS)

• Hack 'n' Slash

Platformer

(Super Mario

3D Land)

Puzzle (Tetris)

(Titan Quest)

Complex

Simple



matters.org

What Parents & Carers Need to Know about

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health ... so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.



1. GET CONNECTED

ying online games together
h your child or connecting
h them on social media
roviding they're old enough) is
t only fun but also an excellent
y of establishing some common
ound to discuss things you've
th seen or done online – as well
teening an eye on who your

2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

3. STAY VIGILANT 🍑

4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to

FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to. Childline: talk to a trained counsellor on 0800 1111 or online at www.childline.org.uk/get-support/

National Bullying Helpline: counsellors are available on 0845 225 5787 or by visiting www.nationalbullyinghelpline.co.uk/cyberbullying.html

The NSPCC: the children's charity has a guide to the signs of bullying at www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/ and can be reached on 0808 800 5000

6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

7. REPORT BULLIES ONLINE

8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

9. SEEK EXPERT ADVICE

10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government th for the Australian government xting behaviour of young people in







National Online Safety

#WakeUpWednesday...



www.nationalonlinesafety.com







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*Monday to Friday, 9am to 5pm



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