



Life Skills and RSHE Learning Journey

RSHE

Festivals, Clubbing and Parties; Emotional Wellbeing throughout life; Clinics, advice and sexual health; Healthy Eating; Exercise and Obesity; Toxic Masculinity; Living with Climate Change

Health & Well-being

Personal presentation and Interview Skills; Personal Skills; Leadership; Problem Solving; Work Ethic; Personal Finance, Debt; Cars and Driving; Pensions and Retirement.

Wider World

YEAR 13

Social Justice Issues; Hate Speech; Date Rape, Honour Based Violence; Feminism & Gender-based attitudes; Online Sub-culture; Readiness for Sex, Sexual Encounters and Emotions, Sex in the Media; Body Image; Prejudice; Ageism; Cultural Appropriation

Apprenticeships; Careers and Employment; Personal Statements & Applications; Careers in STEM and Core Subjects; Computer Literacy; Plagiarism; Spirituality and Religion

Addiction & Substance Misuse; Cosmetic Surgery; Miscarriage, Pregnancy, Abortion, Adoption; Relaxation; Sex, Gender and Identity

Consent, Rape, Sexual Assault, Sexualised Language; Racism; Sexting; Dangers of Pornography; Safe Relationships; LGBTQAI+; STI's, Contraception; Peer Pressure, Coercion & Control; Spiking

YEAR 12

Wider World

Health & Well-being

RSHE

Content is not delivered in a linear fashion and is constantly adapting in response to current events, student voice and policy changes.