NEW NAME

FREE

Northamptonshire Drop Ins

Mental Health & Wellbeing Support for 8 - 18 year olds and their parents/carers

- Telephone support available
- One-to-one support
- Wellbeing activities
- Peer support

Formerly known as 'Wellbeing Cafe'

Mondays & Fridays 4pm - 8pm
The Lowdown, 3 Kingswell Street,
Northampton, NN1 1PP
01604 634385

Tuesdays 4pm - 8pm
Youth Works at Corby Mind, 18 Argyll St,
Corby, NN17 1RU
07479 973085

Tuesdays 4pm - 8pm
Service Six, Rushden Mind Phoenix House, Skinners Hill, Rushden, NN10 9YE
01933 277520

Wednesdays 4pm - 8pm
CHAT Youth Counselling, Souster Youth Building, 30 Market Road, Thrapston,
NN14 4JU
01832 274422

Wednesdays 4pm - 8pm
Time 2 Talk, Chantry House, 88 Watling Street, Towcester, Northants,
NN12 6BT
01327 706706

Thursdays 4pm - 8pm
Youth Works, 97 Rockingham Rd,
Kettering, NN16 9HX
01536 518339

Saturdays 10am - 2pm
Service Six, 15 Sassoon Mews,
Wellingborough, NN8 3LT
01933 277520

Saturdays 12pm - 4pm
Time 2 Talk, The Abbey, Market Square,
Daventry, NN11 4XG
01327 706706

REACH COLLABORATIVE
SERVICE SIX · THE LOWDOWN · TIME2TALK
CHAT YOUTH COUNSELLING · YOUTHWORKS

NHS Northamptonshire Integrated Care Board

NHS Northamptonshire Healthcare NHS Foundation Trust

St Andrew's HEALTHCARE