

Level 3 BTEC Health and Social Care



Content and Assessment

Unit 1: Human Lifespan Development

Physical, intellectual, emotional and social development throughout the life stages

Unit 2: Working in Health and Social Care

Services and key roles in the health and social care sector and some of the responsibilities such as safety, safeguarding and preventing discrimination.

Unit 5: Meeting Individual Care and Support Needs

Factors, principles and practicalities underpinning care and support needs.

Unit 11: Psychological Perspectives in Health and Social Care

Psychological approaches including cognitive, social and behavioural explanations and application within Health and Social care services.

50% internal assessment: Units 5 & 11

50% exam: Units 1 & 2

Course structure

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 12	Unit 1 content	Unit 1 content	Unit 1 Exam Unit 5 content and internal assessment	Unit 5 content and internal assessment	Unit 1 re-sit (if applicable) Unit 5 content and internal assessment	Unit 5 content and internal assessment
Year 13	Unit 2 content	Unit 2 content	Unit 2 Exam Unit 11 content and internal assessment	Unit 11 content and internal assessment	Unit 1 or Unit 2 re-sit (if applicable) Unit 11 content and internal assessment	

If you have any questions or queries you can email Mr Piggon or Mr Sheehan

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Induction Tasks

The following tasks are designed to help prepare you for the Unit 1 exam. Please work through the tasks and bring your responses to the first lesson in Year 12.

TASK 1

Complete the following table to help you to learn the life stages. Research and add in the age range for each life stage. Research and add in examples of what Physical, Intellectual, Emotional and Social development occurs in each life stages. Don't worry if you can't find examples of each.

Life Stage	Age	Examples of PIES
Infancy		<i>Physical</i> <i>Intellectual</i> <i>Emotional</i> <i>Social</i>
Early Childhood		<i>Physical</i> <i>Intellectual</i> <i>Emotional</i> <i>Social</i>
Adolescence		<i>Physical</i> <i>Intellectual</i> <i>Emotional</i> <i>Social</i>

Early Adulthood		<i>Physical</i> <i>Intellectual</i> <i>Emotional</i> <i>Social</i>
Middle Adulthood		<i>Physical</i> <i>Intellectual</i> <i>Emotional</i> <i>Social</i>
Later Adulthood		<i>Physical</i> <i>Intellectual</i> <i>Emotional</i> <i>Social</i>

TASK 2

Due to better living and working conditions and better health care provision, one issue facing Britain and many other societies is an aging population.

Watch this documentary: Caring and Sharing and complete the task on the next page.

[BBC iPlayer - The Nine to Five with Stacey Dooley - Series 1: 2. Caring and Sharing](#)

Review/synopsis: Write a short summary about the documentary.

Include all key information of the issues raised in the story. Explain what was thought-provoking about it and the questions it led to. How did it make you feel?

TASK 3

Another issue concerning Health and Social Care is that we are a multi-cultural society. Social, spiritual and cultural factors can affect our health and the provision of care.

Choose 2 different cultures and/or religions and summarise how their religion and beliefs may influence their health and the provision of care. You can use the list below or choose your own.

Cultures/religions/Faiths: Islamic, Jewish, Hindu, Jehovah’s Witness, Roman Catholic, Sikh

Health and care issues could include diet, alcohol, spiritual practices, contraception, medical intervention, organ donation etc.

Culture/Religion/Faith 1:

Culture/Religion/Faith 2:

TASK 4

A further issue concerning Health and Social Care is that of stress. With the increasing demands of modern society stress related mental and physical issues are increasingly common.

Research and summarise a physical health issue that might be DIRECTLY or INDIRECTLY related to stress. Try to consider who, what, where, when, how and why in your summary.

Physical stress related health issue:

Research and summarise a mental health issue that might be DIRECTLY or INDIRECTLY related to stress. Try to consider who, what, where, when, how and why in your summary.

Mental stress related health issue: